

Feb 26, 2017



# Oaks Early Risers Bible Class

**The Oaks Baptist Church**  
Grand Prairie, Texas

**Lesson Leaders:**

James Haymon  
Jose Cisneros

**Class Leaders:**

Inreach: Pat Hester  
Secretary: Mary Clark  
Deacon: C M Hester

## Holy Living in the Spirit Gal 5:18-6:10

### Aim and Application of the Lesson

The lesson reveals the elements of refusing the works of the flesh and how we can maintain **Holy Living in the Spirit**. The study's aim is to learn to walk in the Spirit each day of our lives. The study's application is to daily refuse to do the deeds of the flesh and to obey the promptings of the Holy Spirit.

*(Adapted from the Bible Expositor and Illuminator Commentary)*

### Lesson Introduction and Background

Everything about salvation in Christ shouts to us of living a holy life through the power of the Holy Spirit (2 Pet 1:3-4). The church was born for this. There can be no confusion. As believers we must realize that God has saved us to be holy, and He has provided His Spirit to create the capacity to live a holy, godly, God-pleasing life. What is such a life all about? This text gives us two things to think about. The first is that a holy life has a manifold expression—it is a multiplicity of virtues. We note that the term "fruit" is singular, but that one fruit has an abundance of expressions in the life of the Christian. All of these expressions should emerge in our lives in a unity. We should see a "fruit cluster," a nine-fold expression of the sacred presence of the Spirit in our lives. The fruit of the Spirit is in contrast to the works of the flesh, each of which is a singular expression of sinful activity. Our sinful nature has many potential expressions of sin. But when the Holy Spirit is in control of our lives, we will see a fullness, a completeness, to our character in Christ. We should manifest love, the capacity to act in the best interests of others. We should manifest joy, an inner happiness in God that transcends our trials and troubles. We should manifest peace, an abiding tranquility present in our minds and hearts. We should manifest longsuffering, a patience that is able to endure difficulty without a response of the flesh. We should also personify such things as gentleness and goodness, a kindly generosity of spirit toward others. We should show forth faith, or faithfulness—the ability to be steady, committed, and strong throughout all the seasons and challenges of life. And we should exhibit meekness, a humbleness of spirit that is willing to yield to others. Last but not least, we should display temperance, or self-control, diligently putting into practice what we are learning from God's Word in a disciplined way. Do you see this "fruit cluster" emerging in your life? As we yield to the Holy Spirit hour by hour and minute by minute, these expressions of holy living will emerge in the life of the true Christian, to the glory of God. It is a wonderful and manifold statement of the difference Christ makes in our lives. These are not standards we achieve by human effort, but rather the fruit of the Holy Spirit's presence in our lives. The second thing to think about from the text is that a holy life yields not only this beautiful, manifold expression of fruit; it also constitutes a powerful force. Paul states the firm truth that against this kind of life there is no law. Nothing can be erected to stop it. If the Holy Spirit is producing this fruit, then it does not matter what the enemies of the Christian life do. It does not matter what the world does. This fruit will come. It is intrinsically powerful because it is of God; it comes from the presence of the Spirit. Let us do all we can to nurture the presence of the Holy Spirit within us, that His manifold and powerful fruit may emerge in our lives.

*(Adapted from the Bible Expositor and Illuminator Commentary)*

### FOOD FOR THOUGHT

**THOUGHT FOR THE WEEK:**  
God's training is designed to grow us in faith

**PRAYER FOR THE WEEK:**  
May I feed on Your goodness every day, Lord, so my heart will grow stronger through the Spirit

**SCRIPTURE FOR THE WEEK:**  
*Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them.*  
(Heb 13:9 NKJV)

*(from "Our Daily Bread", July 6, 2016)*

**Series: The Love of God**

**UNIT: Nature of God's Love**

**NEXT WEEK**

**The Source of All Love**

(1 John 4:7-19)

## NOTES AND CROSS-REFERENCES

### **By Not Yielding to the Lust of the Flesh (Gal 5:18-21)**

*Not yielding by being led by the Spirit (18)*

Led by the Spirit for guidance and hope (Ps 25:4-5)

Led by the Spirit into truth (John 16:13)

Led by the Spirit to inherit eternal life (Rom 8:11-14)

Led by the Spirit to obtain power and self-discipline (2 Tim 1:7)

*Not yielding by not doing desires of the flesh (19-21)*

Desires of the flesh leads to death (Rom 8:13)

Desires of the flesh choke God's word (Mark 4:19)

Desires of the flesh sometimes degrades the body (Rom 1:24)

Desires of the flesh is offering the body as an instrument of wickedness (Rom 6:12-13)

Desires of the flesh is following the ways of this world (Eph 2:1-3)

Desires of the flesh belongs to the earthly/sinful nature (Col 3:5)

Desires of the flesh causes fights and quarrels (James 4:1)

### **By Displaying the Fruits of the Spirit (Gal 5:22-26)**

*Displaying the fruits to indicate crucified flesh (22-24)*

Crucify the flesh by crucifying the old self (Rom 6:6)

Crucify the flesh by clothing ourselves with Jesus (Rom 13:14)

Crucify the flesh by crucifying the world to us (Gal 6:14)

Crucify the flesh by Jesus living through us (Gal 2:20)

*Displaying the fruits by living in the Spirit (25-26)*

Living in the Spirit is displaying the light of God (Eph 5:8-9)

Living in the Spirit because the Spirit gives life (John 6:63)

Living in the Spirit is displaying a life of righteousness (Rom 8:10)

Living in the Spirit provides a soft heart for God (Ezek 36:26)

### **By Helping Others Through the Spirit (Gal 6:1-5)**

*Helping others through spiritual restoration (6:1)*

A restoration from wandering from the truth (James 5:19-20)

A restoration from sin (1 John 5:16)

A restoration from doubting (Jude 22-23)

A restoration from grief caused by sin (2 Cor 2:5-8)

A restoration from idleness and weakness (1 Thess 5:14)

*Helping others through bearing one another's burdens (2)*

Bearing others failings (Rom 15:1-2)

Bearing with one another in love (Eph 4:2)

Bearing with one another through forgiveness (Col 3:13)

Bearing with one another as if sharing their suffering (Heb 13:1-3)

*Helping others with humility (3)*

Humility that considers others better than oneself (Phil 2:3)

Humility that comes from being one of God's chosen people (Col 3:12)

Humility that should be shown toward all men (Titus 3:2)

Humility that comes from godly wisdom (James 3:13)

*Helping others by performing self-examination (4-5)*

Self-examination to see if we are in the faith (2 Cor 13:5)

Self-examination to consider our ways (Ps 119:59)

Self-examination that results in returning to the Lord (Lam 3:40)

Self-examination that judges our actions (1 Cor 11:31)

Self-examination to ensure we haven't fallen short of God's promises (Heb 4:1)

### **By Sowing to Please the Spirit (Gal 6:6-10)**

*Sow by sharing the word (6)*

Sharing the word so that it will bear fruit (Col 1:3-6)

Sharing the word so that a full understanding will be received (Philem 6)

Sharing the word in response to why we have the hope in God (1 Peter 3:15)

*Know that what we sow we will reap (7)*

Sow righteousness and reap love (Hos 10:12)

God will judge based on what a person sows (Rom 2:6-8)

Sow sparingly and reap sparingly, sow generously and reap generously (2 Cor 9:6)

All sowing has one purpose in God (1 Cor 3:8)

*Sowing by persevering in doing good (8-10)*

Persevere because labor in the Lord is never in vain (1 Cor 15:58)

Persevere because we should never tire of doing right (2 Thess 3:13)

Persevere because in Jesus, who endured all for us (Heb 12:3)

Persevere because the reward is eternal life (Rom 2:7)

Persevere because inwardly we are being renewed daily (2 Cor 4:16)